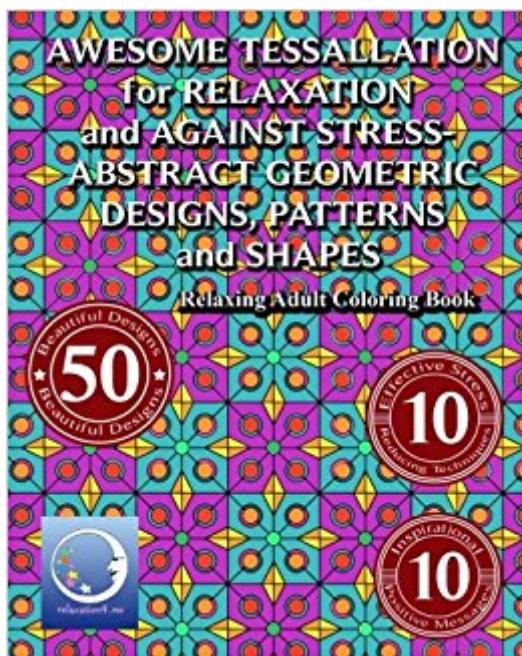


The book was found

# **RELAXING Adult Coloring Book: Awesome Tessellations For Relaxation And Against Stress - Abstract Geometric Designs, Patterns And Shapes (New Happy ... Therapy For Women And Men, Girls And Guys)**



## Synopsis

NEW ONE SIDED PAGES MORE PAGES THAN 95% OF THE COMPETITION 50 + 6  
UNIQUE ANTI-STRESS, CREATIVITY BOOSTING ILLUSTRATIONS INCLUDES TIPS FOR A  
STRESSFREE LIFE PREVIEW the first 9 Illustrations from the book at  
[www.relaxation4.me/tessellations](http://www.relaxation4.me/tessellations) "relaxation4.me's work combines artistry, positivity and a genuine effort to do good in the world. Its books are a delight designed for all to enjoy and relax." - Dr. Ben Michaelis, author of Your Next Big Thing: 10 Small Steps to Get Moving and Get Happy + International phenomenon and latest mega trend! + Free Your mind! + Stress Relieving! + Coloring will have a healing effect, enhances creativity and is fun! + Coloring books are leading the international bestsellers! + This Adult Coloring Book will benefit You with WEEKS of coloring fun! + 50 beautiful designed and amazing images of geometric shapes, patterns and designs! + 6 Bonus Images! + Especially detailed and complex illustrations for grownups but (older) kids will love it! + For girls and boys, women and men, ladies and gents, grandma and grandad! + Geometric shapes, patterns and designs don't need to be associated with math class! + Your left brain will meet Your right brain and will be connected in a wonderful creative way! + Includes: 10 Effective Stress Reducing Techniques! + Includes: 10 Inspirational Positive Messages! + Includes: short how to color introduction! + Each illustration is on a separate sheet to avoid bleeding through! + Easy to color! + Improves eye-hand coordination! + Calms an anxious mind and cultivates moment-to-moment awareness! + Increases self-confidence, self-esteem and self-love! + Boosts mental clarity! + Enhances the ability of inner focus and lets You develop more mindfulness! + Coloring will take You into a Zen Buddhism meditation-like state! + Depressions are going to disappear! + Wellness and yoga for Your mind! + Art Therapy! + Create Your own art! + Makes a Great Christmas Gift, Birthday Gift, Thanksgiving Day Gift, Valentine's Day Gift! + 130 pages! + Over \$250 (!) of value in this book! + Anti-stress guarantee! GRAB YOUR COPY NOW! Receive 10 FREE Bonus Illustrations while You are waiting for the book:

<http://relaxation4.me/bonus-relaxing-designs>

## Customer Reviews

"relaxation4.me's work combines artistry, positivity and a genuine effort to do good in the world. Its books are a delight designed for all to enjoy and relax." - Dr. Ben Michaelis, author of Your Next Big Thing: 10 Small Steps to Get Moving and Get Happy 5 Benefits Of Coloring Which Will Enrich Your Life We are a passionate company who strive to make the world a better place by empowering people. Thinking about how we could contribute our part to make this world better, we

stumbled upon Grown Up Coloring Books. Coloring Books have become the latest trend in the world. But why are they so famous? Here are 5 Benefits Of Coloring Which Will Enrich Your Life:

1. Coloring Reduces Stress Stress is a major issue in the 21th century. Almost everybody in our society is influenced by it. While coloring, the fear center of Your brain - the amygdala - takes a rest, stress is relieving and You feel overall relaxed.

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RELAXING Adult Coloring Book: Awesome Tessellations for Relaxation and Against Stress - Abstract Geometric Designs, Patterns and Shapes (New Happy ... Therapy for Women and Men, Girls and Guys) Lighthouses Adult Coloring Book: Large Stress Relieving, Relaxing Coloring Book For Grownups, Men, & Women. Easy, Moderate & Intricate One Sided Designs & Patterns For Leisure & Relaxation. Castles Adult Coloring Book: Large Stress Relieving, Relaxing Coloring Book For Grownups, Men, & Women. Moderate & Intricate One Sided Designs & Patterns For Leisure & Relaxation. Universe Adult Coloring Book: Large Stress Relieving, Relaxing Coloring Book For Grownups, Men, & Women. Easy, Moderate & Intricate One Sided Designs & Patterns For Leisure & Relaxation. Adult Coloring Books: Awesome Animal Designs and Stress Relieving Mandala Patterns for Adult Relaxation, Meditation, and Happiness (Awesome Animals) (Volume 2) Adult Coloring Books: Awesome Animal Designs and Stress Relieving Mandala Patterns for Adult Relaxation, Meditation, and Happiness (Awesome Animals) (Volume 1) Coloring Books For Adults Volume 1: 40 Stress Relieving And Relaxing Patterns, Adult Coloring Books Series By ColoringCraze.com (Adult Coloring Books, ... Anti Stress Coloring Books For Grownups) Adult Coloring Books: Mindfulness Mandalas: A mandala coloring book for adult relaxation featuring stress relieving coloring pages for adults including henna flowers geometric & animal designs Shapes: An Adult Coloring Book: Over 40 Fun Stress Relief Shapes and Geometric Patterns for Your Inner Artist Magical Swear Word. Adult Coloring Books: Relaxation and Stress reduction: 30 Stress Relieving Magical Sweary Designs : flowers, mandalas, patterns. ... Anxiety and Stress (Swear Word Coloring Book) Patterns for Meditation Coloring Books for Adults: An Adult Coloring Book Featuring 35+ Geometric Patterns and Designs (Jenean Morrison Adult Coloring Books) Coloring Books For Adults Volume 6: 40 Stress Relieving And Relaxing Patterns, Adult Coloring Books Series By ColoringCraze.com (ColoringCraze Adult ... Stress Relieving Coloring Pages For Grownups) Relaxing Coloring Book: Coloring Books for Adults Relaxation : Relaxation & Stress Reduction Patterns (Volume 45) Travel Size Shapes: An Adult Coloring Book, Over 40 Fun Stress Relief Shape Designs and Geometric Patterns for Your Inner Artist Shut up Asshole.Color and Release Your Stress: Swear Word Coloring Book. Adult Coloring Books: 40 Sweary Designs

(Relaxing Coloring Book with Sweary Coloring Book for Fun) CALM the FUCK DOWN. Color Your Stress Away: Swear Word Coloring Book : 40 Sweary Beautiful Designs .Relaxing Coloring Book with Sweary Coloring Book for Fun ( Adult Coloring Books ) The Craft of Coloring: 35 Mandala Designs: An Adult Coloring Book (Relaxing And Stress Relieving Adult Coloring Books) Flower Girls: An Adult Coloring Book with Beautiful Women, Floral Hair Designs, and Inspirational Patterns for Relaxation and Stress Relief RELAXING Grown Up Coloring Book: Awesome Philippines Relax Therapy - A Magic and Mindful Travel Adventure in Nature for Relaxation, Meditation, Stress Relief, Calm, Inspiration and Healing Captain Awesome 4 Books in 1! No. 2: Captain Awesome to the Rescue, Captain Awesome vs. Nacho Cheese Man, Captain Awesome and the New Kid, Captain Awesome vs. the Spooky, Scary House

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